



Multi-County Cancer Support Network

Bedford, Coffee, Franklin, Grundy, Lincoln,
Marion, Moore, Warren

Volume 23, Number 7

July 2017

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Terry Tucker, *President*
Len Houser, *Vice President*
Autumn Standley, *Secretary*
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Cheryl Graham - 2017
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Vacant - 2017
Kenny Delaney - 2018
Mary Roller - 2018
Kayla Walls - 2018
Shirley Weimer - 2018
Mary Allison Dempsey - 2019
Ray Martin - 2019
Ann Crockett Richardson - 2019
Rand Stafford - 2019

REPRESENTATIVES

Roxanne Johnson - Grundy County
Cathie Brown - Marion County

*MCCSN is a registered section
501 (c) (3) nonprofit organization*

Office Manager: Dottie Darnell

Office Hours:

8:00 a.m. - 11:30 a.m.
12:30 p.m. - 4:00 p.m.
Tuesday, Thursday, Friday

Mailing Address:

P.O. Box 1355
Office Address:
110 East Lauderdale Street
Tullahoma, TN 37388

Contact Numbers:

931-393-4443
800-497-4322
Fax: 931-393-4413

Website: www.mccsn.org

E-mail: mccsn@lighttube.net

Newsletter Volunteer: Ann Powell

*Newsletter published monthly with
exception of January; also available
on the website*

Twenty-fourth Annual



The Walk-A-Thon is a vital source of income for MCCSN. Without it, very few patients could be financially aided. We again encourage you to organize a team in your area. A team consists of a minimum of six (6) walkers with each team member contributing \$50.00. Teams can be named in honor or memory of a loved one or even the name of a supporting business or organization. Team packets will be mailed the second week in July. If you do not get a packet, please notify the MCCSN office. Team forms are also available on line (WWW.MCCSN.org). Team shirts will be available for pickup July 18th.

Luminaries can also be purchased for a \$10.00 donation in the name of a loved one or friend who has been affected by cancer. These luminaries are placed around the stadium and lit during the Friday night memorial ceremony at 9 p.m. Luminaria and cancer survivor forms are included with this newsletter.

A smaller circle of luminarias to the right of the stage is called "Circle of Light." MCCSN provides this smaller circle of luminarias free in memory of any cancer patient who passed away since the last Walk-A-Thon and whose family has notified the MCCSN office of their passing. If you have someone you would like to have included in this Circle of Light, please call the MCCSN office at 931-393-4443.

Looking Ahead

Support Meeting

6:30 p.m., Thursday, August 31, 2017

MCCSN Office

Food, Fellowship & Bingo

Bring a bingo prize

Note for Newsletter Volunteers

The August newsletters will be ready to prepare for mailing Tuesday, July 25, 9:00 a.m., at the MCCSN office.

The summer months particularly are when many take vacation, including our faithful volunteers, so fewer people are available on the days for preparing the newsletters for mailing.

For this reason, MCCSN is making an appeal for additional helpers. Call the office 393-4443 for information.

Twenty-fourth Annual Walk-A-Thon (cont'd)

Shirts are made available free of charge for cancer survivors and may be picked up at the MCCSN office, the Winchester Antique Mall (148 1st Ave. NW), and also at the Walk-A-Thon.

In addition to 'walking the first walk,' this sea of special color distinguishes and honors the survivors. MCCSN is pleased to provide the shirts.

Tickets for quilt drawing available



Tickets for the Walk-A-Thon quilt drawing can be obtained for only \$1.00 each from any of the following:

Quilting Dreams, 114 SW Atlantic St., Tullahoma
 MCCSN Office, 110 E. Lauderdale St., Tullahoma
 Material Girl's Quilt Guild Members

Those in outlying areas may enter by mailing your donation(s) and information - name, address, contact number and purpose for the donation - to the MCCSN office. The office manager will prepare the quilt ticket(s) for you.

Hope is living with courage and confidence, not fear. — Penny Boldrey, Cancer Survivor

Don't lose hope. When the sun goes down, the stars come out. — Unknown

There is no medicine like hope, no incentive so great, and no tonic so powerful as expectation of something tomorrow. — Orison Swett Marden

Keep these in prayer (Your help in keeping the prayer requests updated is appreciated.
 Names are in bold print when first added.)

<p>Bedford: William Jeffery Allison Wayne Kinzer Fred Reed John Rippy Joseph Sanders, Sr. John Thomes</p> <p>Grundy: Phyllis Woods Brown Cindy Fults Kenneth Haynes Carmen Jones Melinda Killian Olline Roberts Cina Siddall Mary Songer Kathy Ann Tate</p> <p>Georgia Larry Shelnutt</p> <p>Tennessee Marshall County: Wendy Patterson Geeting</p> <p>Robertson County: Joan Ayres</p> <p>Rutherford County: Holly Bechard Robin Robertson</p>	<p>Coffee: Paula Adams Jimmy Andrews Vivian Brandon Kimberly Eidel Andrea Farrar Wrenea Farrar Billy M. Hamby Sandy Hamlet Janice Hawkins Jerry Hegwood Ira Jernigan Cassie Landis Jerry Lusk Crystal Martin Shirley McCool Claire Miller Michelle Mills Edward Pressley Mark Rider William C. Simmons Joyce Taylor Leigh Trail Karen Tyler Eunice Vickers James Wilson Nellie Winton</p>	<p>Franklin: Mario Braston Dwight Daniel L. C. Daugherty Michael Edwards Susan Elliott Sammie Finney Katherine Goodman Larry Goodman Pamela Grant Andrew Hill Billie Gail Hill Hershel W. Hill Barbara Manges Alicia Miller Leslie Nard Becky Rampy Stacey Relford Katherine Sanders Fred Shetters Harold A. Short, Sr. Harold Smith Ronnie D. Steele Ray Weaver Danny Winn</p>	<p>Lincoln: Jason G. Alverson Patric Bennett Lou Ann Blackwell Jackie Glenn Bryant Bonnita Coulter Donna Crim Linda Dell Sherry Fentress James Lee Fox Debra W. Griggs Sandra Hardin Jewell Harper Myrtle Hutcherson Ricky Joe Maddox Charles Mires Patricia Moore Charles Phipps Vickie Ray Kathy Spicher Judy Stovall Unie Waggoner Sidney "Alex" West Kathy Williams Katie Womack Ricky Wright Tommy Wright</p>	<p>Marion: Randy Ables Glenn Broyles Sonny Burdick Doyle Henry Donna Floyd Janice Haney Charles Holloway Ricky Kilgore Dennis Lofty Debra Payne Terry M. Rollins Jeff Turner Mary Juanita Wynne</p> <p>Moore: Gill Christian Jason Lee Conn Clarence Cunningham Stella Readus Melissa Thomas</p> <p>Warren: Cynthia Donovan Donald Hollandsworth Fran Klasek Vernon McCormick Dean McMillen Betty Reagon Joseph Schoof</p>
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Memorials received in Memory of

Raye Lee
by Jackie, Jenita & Chad

Sherman Lehr
by Mary E. Bennett

Debbie Leming
by Joyce Cunningham
Susan Hilliard
Stephanie Swann

Nettie R. Sain
by Mr. & Mrs. Ricky Arp & family
Terry & Dottie Darnell & family
Edward Davis & family
Wesley & Karen Donnell
Rev. & Mrs. Troy Green & family
Mr. & Mrs. David Grosch & family
Dr. & Mrs. Paul Sain & family
Carol Sain
Sally Sain

Sharon Waller
by Holli Lawson

Becky Weatherspoon
by Terry & Dottie Darnell
John & Joe Darnell
Sherry & Bill Martin family
Sara Norman

Did you know

Wigs are available free of charge at the MCCSN office for those experiencing hair loss from chemo?

The office has a mini-library containing donated books and publications on various types and aspects of cancer that can be checked out?

Our Request to you

Please do not hesitate to submit items for consideration for the newsletter. Either drop off material or e-mail mccsn@lighttube.net. As space allows, we will use what we can. Thanks so much!

Deepest sympathy

to the families who have lost loved ones including the families of
Andy Anderson Willard Bailey
Randall Bridges Sandy Loehle
Nettie R. Sain
Becky Weatherspoon



*“He will swallow up death forever,
And the Lord God will wipe away
tears from all faces; . . .
For the LORD has spoken.”*
— Isaiah 25:8 (NKJV)

Donations received

Anonymous
Jonathan Byrd
Lynchburg First United Methodist
Church
PayPal Giving Fund
Phyliss Smith
Southern Tennessee Regional Health
System (STRHS)
Tennessee County Trustees'
Association (Franklin TN)
Tennessee Oncology
Truist

*Repeat after me: My present situation
is not my permanent destination.*
— Whisper

Walk-A-Thon plaques to be presented

Plaques will be presented at the 2017 Walk-A-Thon on September 8 to each of the following:

- The first team to sign up and pay;
- The church, friends, school and corporate teams with the most contributions;
- The team with the most contributions from fund-raising done at the Walk-A-Thon;
- The team with the best decorated tent.

Meet Ray Martin



Ray Martin joined the MCCSN board of directors in January of this year. His interesting background, as revealed in the article on the back page of this newsletter, attests to the qualities Ray brings to this organization.

Note of Thanks

During a time like this we realize how much our friends and relatives really mean to us....Your expression of sympathy will always be remembered.

Thank you for your support during mother's illness. It was greatly appreciated.

The Family of Nettie Ruth Sain

Wig styling appreciated

MCCSN would like to recognize Janie Stovall at Studio 1, Suite 300, 100 1st Avenue SW, Winchester, for the cleaning and styling she has done on our wigs for the cancer patients. Thank you Janie for all your great work done on our behalf!!



**Multi-County Cancer Support Network
P. O. Box 1355
Tullahoma, TN 37388**

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RETURN SERVICE REQUESTED

MAIL TO:

Meet MCCSN Director Ray Martin (see picture on page 3)

My name is Ray Martin. I have been married to my wife Joann for almost 47 years. We have three married adult children and nine (soon to be ten) grandchildren. Two of our daughters and their families live in Tennessee: Decherd and Murfreesboro.

My vocational background was primarily in healthcare administration across a variety of organizations over 35 years. I was also a Faculty member for 5 ½ years at the [now] University of Valley Forge in Pennsylvania, teaching business courses.

Concurrently my avocational background was supporting the teambuilding efforts of a colleague by helping his clients understand their own personalities and interaction strengths and weaknesses using the Myers Briggs Type Indicator [MBTI]. I've also used my skills with the MBTI and the Strong Interest Inventory [SII] for various counseling service opportunities in the churches we attended.

I was introduced to healthcare after high school when I was trained in inhalation therapy [today, respiratory therapy]. I served three years in the Army as a medical corpsman, including service in South Vietnam. After discharge, I developed Inhalation Therapy Departments in several civilian hospitals, attended college at night to obtain my Bachelor's and Master's Degrees while advancing into hospital administration.

Though I relocated to Tennessee from New Jersey five years ago, I think Tennessee was always in my blood. My Dad lived in Sevierville at the time of his passing. My Father-in-law was raised in Humboldt. My Aunt has lived in Memphis for several years.

We currently attend services at Kings Cross Church. I am honored and proud to serve on Multi-County Cancer Support Network board of directors.
