



Multi-County Cancer Support Network

Bedford, Coffee, Franklin, Grundy, Lincoln,
Marion, Moore, Warren

Volume 16, Number 12

December 2009, January 2010

OFFICERS & DIRECTORS

Cile Alexander, *President*
Frank Cantrell, *Vice President*
Vern Kalt, *Treasurer*
Jan Hix, *Secretary*

Jean Kalt, *Chaplain*
Ron Smith, *Sergeant at Arms*
Willie Duckworth, *Sunshine Chair*

Dottie Darnell - 2009
Janice Bowling - 2011
Willie Duckworth - 2009
Linda Goodman - 2010
Fran Gray - 2010
Brenda Knight - 2011
Jim Neale - 2010
Helen Rose - 2009
Ruth Sons - 2009
Lila Stubblefield - 2011
Janet Torstenson - 2010
Ray Torstenson - 2011

*MCCSN is a registered section 501(c)(3)
nonprofit organization*

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The newsletter is published monthly
Carla Glosson, Office Manager/Assoc. Ed.
Ann Powell, Volunteer Assoc. Editor

(e-mail comments, news items -
subject line: monthly newsletter)

*Information in the newsletter is not intended
to replace medical advice. Consult your
physician before adopting any information
mentioned here.*

If you give it, they will come!

The Officers, Directors and
Office Manager of MCCSN
are giving their annual

Christmas Party

and hoping everyone will come!

Thursday, December 3, 6:30pm

Cumberland Presbyterian Church
200 2nd Av NW, Winchester

Turkey, ham and soft drinks provided
Bring a covered dish and/or dessert

Entertainment planned

The special project for this year
will be gifts
for Monroe Carell Jr. Children's Hospital
at Vanderbilt
(gifts should be new and unwrapped;
no food, candy, stuffed animals)
If unable to attend party, gifts may be
taken to the MCCSN office

A partial wish list is printed on inside
page. For a complete listing, call Carla
at the MCCSN office or visit the hospital's
website:

www.vanderbiltchildrens.org

On the 'Giving' menu click 'Volunteer'
click 'Toy and Supply Donations'
then click 'Wish List'

*"The best thing about giving of ourselves
is that what we get is always better than
what we give."*

— Orison Swett Marden

Some things to remember

Notice to newsletter folders and readers

Since this is a combined issue for both
December and January, there will be
no newsletter mailed or posted to the
website at the end of December, and
thus, no folding day until January 26.

Office Manager Carla Glosson thanks
each folder for volunteering your time
throughout 2009 and looks forward to
working with each one in the future.

No support meeting in December

The Christmas party replaces the
December monthly support meeting.
The next support meeting will be
Thursday, January 7. The speaker
is still to be determined.

Officers to be elected

At the January 7 support meeting,
the annual election of officers will be
conducted. Elected directors serve
through 2012, replacing those shown
in column at far left with terms ending
in 2009.

Hope Forum meets third Thursday

The Cancer Survivor's Hope Forum
meets Thursday, December 17, 7-8pm,
at the Heritage Medical Center in
Shelbyville. Contact Pat Peller,
684-3359, for additional information.

MCCSN Prayer List

Please pray for each person listed, for their families and friends; help keep MCCSN updated on the status of each one

| | | | | |
|---|---|--|---|---|
| <p>Altamont: Joanne Childers Patricia Myers Bonnie Rieben Frances Tate Beechgrove: Leonard Bennett Glenn Ford Peggy Jacobs Bill Logan Morgan Myers James C. Sherrill Beersheba: Hershel & Brenda Perry Bell Buckle: Kathryn Kimmins Belvidere: Barbara Burton Logan Groce Levi Howard Annie Dean King Ralph McGee Lynn Moss Gloria Simmons Clifton: Robert Miles Coalmont: Amanda Bean Cookeville: Stanley Kinslow Cowan: Tim Lewis Ruthie Morrison Willa Wackerle Katherine Wilson Dayton Verenda Skiles Decherd: Wiley Baxter James Champion Tim Craig James B. Davis Richard Gipson Ida Hill Nancy Hopkins Bill Kelley Boston Mantooth Mabel Morris Leslie Kinslow Nard Charles Neely Zina Mirriam Womack Alden Woodall Estill Springs: Joyce Archey Sid Beckham Bob Burt Mary Cathey Polly Culbertson Kuldip Dhillon Gladys Dutz J. E. Hill Mark A. Hill William Ed Jackson Vern & Jean Kalt Rita Kelley Juanita Little Brian McDowell Wanda Morris</p> | <p>Estill Springs (cont.): Elizabeth Peters Vicki Peters Isabelle Rankin Johnny Ray Lynn Robinson Wayne Sanders Elaine Weaver Fayetteville: Becky Bankston Bonnitla Coulter Jeanette Keith Joyce Lester Rachel Logan Jean Strobe William Wright Flat Creek: Debbie Fanning Flintville: Jean Hall Megan Walker Gruetli-Laager: Geraldine Davis Christy Honeycutt Hillsboro: Karen Barnes Joy Elliott Kathy Webster Leland Whirrell Huntland: Linda Baggett Jason Deaton David Garner Benny Hill James Kincherlow Lindsey Knoer Marie Moore Joe Lynn Smith Jasper: Tim Bowlin Allen Cash Delores Cash Brenda Johnson Cody Raulston Kelso: Janice May Lynchburg: Virginia Amacher Molly Johnston Manchester: Jeannie Bowling Ina Brock Martha Buckley Hattie Burse Mary Bush Morris Cox David Fiske James Franklin Bonnie Gallaway Judy Garner Sarah Hale Barbara Hall Gary Hall Mary Ellen Hawthorne Gene & Lois Holmes Jess Lewis, Jr. Carolyn Lusk</p> | <p>Manchester (cont.): Ruth Mankin Tony Morris Nancy Orange Victoria Rigney Connie Sargent Erskine Sanders Gerald Adair Sinkfield Jean Waits Sharon Walker Frederica Williams Harlan Williams McMinnville: Carolyn Ashburn Hunter Bernhardt Donna Deland Connie Holt Monteagle: Doris Guyear Samuel Lee Thomas Morrison: Carolyn Swann Murfreesboro: Mike Holstead Nashville: Michelle Bush Mike Matheny Normandy: Edna Brazier Robbie Sheffield Rock Island: Sandra Grissom Sewanee: Erica deGrasse Janet Jacobs George Sargent, Jr. Dolores Snowden Clifford Tomes Linda Faye Weaver Shelbyville: Penny Barnes De De Bird-Reed Barbara B. Brown Danielle Crosslin Alice Davis Allen DeCosta Debbie Fanning Sammie Farris Cara Lee Francis Mike Head David Knight Dale Lovvorn Clarice Mallard Frank Mantanona Louise McAlister D. Richard McKamey Johnnie McCoy Lori Mitchell Sue Morphis Marilyn Phillips Lisa Pigg Lisa Renegar Debbie Rogers James R. Smith Karen Smotherman Ezralee Swing Carolyn Thomas Loretta Trust</p> | <p>Shelbyville (cont.): Betty Turner Retha Vogel Smithville: Katasha Leggett Barbara Morris Tracy City: Reba Cash Glen Church De De Henley Ralph Jones Gloria McFarland Betty McGovern Alphene Nunley Sue Parson Dava Scott Marie Turner Tullahoma: Stan Alexander Barbara Allen Wendy Batson Kay Choate Billy Glenn Clark Mary Ruth Clark Bette Davis Carol Davis Nancy Davis Woody Dorrell, Jr. Juanita Dunlap Dot Elam Margie Evans Dorothy Ferguson Billy G. Floyd Judy Gilliam Patricia Hardy Lisa Kay Hayes Mary Hice Carol Hogan Carol Holt Udeyne Hopper Edna Jackson LeRoy Jenke Eric Johnson Dawn Kane George Knoer Dan Langford Viva Mansfield Carolyn Michael Sherra Miller James W. Moore Ray Morgan Jayron Morris Alan Pegram Melinda Peterson George Rutland Becky Snell Joyce Stafford Amy Thomas Cheryl Underwood Peggy Underwood Michele Weddington James Yates Viola: Mary Alice Gamble</p> | <p>Wartrace: Nancy Glutch Debbie Hargrove Whitwell: Vera Bearden Chris Caldwell Jacob Caldwell Winchester: Josh Anderson Rebecca Baker Lucille Barker Doris Brock Thomas Brown Pam Burton Emily Carson Charles Thomas Clark Linda Commons Teresa Darvin Treica Davis Robert Everett Jackie Finney Donald Gipson Jo Ann Golder Linda Goodman Betty Hill Connie Hill Edward Horton Janet Hudson Mike Hunt Patty Johnson Brenda Lines Richard Lockmiller Sunnye Mantooth Martha Moran Barbara B. Morris Cora Morris Sherry Peacock Edith Pate Wil Price Kim Ray Delbert Reed Kyle Reed Donna Sanders Dwight Schultz Helga Shockley Mary Steele Sandra Stewart Roy Tankersley Mitchell Tucker Woodbury: Jerry Franklin Roberta Hill Alabama: Lynda Rickles Florida: Tammy Bess Vince Lee (Tampa) Georgia: Angie Rutland Ohio: Frank Toparis Texas: Mary Pack</p> <hr/> <p style="text-align: center;">Katie Gossett Malinda Pugh</p> |
|---|---|--|---|---|

Cookbooks still available

There is still a supply of cookbooks, *Favorite Recipes from MCCSN Supporters*, available. Do keep them in mind for gifts as the Christmas season approaches. Copies are available at the MCCSN office and at the Winchester Antique Mall.

As a little enticement, following is just one of the many delicious recipes submitted – this one by MCCSN President Cile Alexander.

Swedish Oatmeal Cookies

3/4 c. flour
1/2 c. sugar
1/2 c. brown sugar
1/2 tsp. salt
1/2 tsp. soda
1/2 c. margarine
1/2 tsp. vanilla
1 egg
1-1/2 c. rolled oats

Preheat oven to 350 degrees.
Combine all ingredients except oats.
Beat 1 minute at medium speed.
Stir in oats and set aside while making topping (below). Drop the dough by rounded teaspoons 2 inches apart on an ungreased cookie sheet. Bake 8 minutes and then spoon 1/2 teaspoon of the topping onto the center of each cookie. Bake an additional 6 to 8 minutes more or until browned.
2 cookies = 211 calories

Topping

1/3 c. sugar
1/4 c. margarine
1 T. corn syrup
1/3 c. chopped almonds
1/8 tsp. almond extract

In a small saucepan combine sugar, margarine and corn syrup; bring to a boil. Remove from heat and stir in almonds and almond extract. Set aside.

Donations received

Edna Jackson
Bill Lodholz
Southern Wheels N Motion Car Club

Thanks to each one from MCCSN

"Down in their hearts, wise men know this truth: the only way to help yourself is to help others"

— Elbert Hubbard

Wish list for Monroe Carell Jr.

Crafts & Art: Crayola colored pencils, crayons & markers (washable); fabric paints; glitter pens; construction paper; teen scrapbook kits; crossword & search word puzzles; wooden craft kits; beads (pony, glass, jewelry making); Play-doh brand play-doh; pre-packaged craft kits for teens; model kits (car, plane, etc, 1-2-3 difficulty)

Board games: Scrabble, Electronic Monopoly (also in Spanish), Connect Four, Guess Who, Operation, Trivial Pursuit, Life, Sorry, etc. (they have ample Candyland, Shutes and Ladders); Classic, UNO and Skipbo playing cards.

Clothing items: Child and adult sizes – underwear and socks, plain t-shirts, pants & shorts in stretch material

Infant items: rattles, teething rings, blankets, shape sorters, stacking rings, washable infant mobiles and mirrors

Electronic toys: any electronic light up toys (infants-adolescents), sound books, handheld electronic games (Yahtzee, Connect Four, Fishing, Hangman, Battleship, etc.), Vtech and Leap Frog toys

Books on CD, video games, DVD's and players, laptop computers, toiletry items: shampoo, conditioners, toothbrushes and paste, deodorants, mouthwash

Quilt drawing tickets available

Be sure to get your tickets for the antique quilt drawing. All \$1 donations will benefit MCCSN. The lucky winner in March could be you!

Tickets are available at:

Winchester Antique Mall,
122 1st Avenue NW

MCCSN office
110 E. Lauderdale St., Tullahoma

and from any MCCSN officer or director

Sorry it cannot be in color! This beautiful, antique quilt was presented by Barbara Grant as another fundraiser for MCCSN at the request of her uncle, Doug Grant. Doug wanted to donate the hand-stitched quilt in memory of his wife, Edna Ruth Money Grant. Edna Ruth had pieced the quilt and then had it professionally finished. Doug is pictured below proudly displaying the quilt. A beautiful heirloom for some lucky person.



MCCSN
P. O. Box 225
Winchester, TN 37398

RETURN SERVICE REQUESTED

Nonprofit Org.
US Postage
Paid
Tullahoma, TN
Permit No. 59

MAIL TO:

Memorials received

In Memory of George Wilford Bailey
by Lee and Judy Brewer
Juanita Burks,
Tom and Carolyn Burks,
Ronnie Burks,
Richard and Karen Burks &
Cora Erwin
Fred and Faye Greene
Michael and Melodie Hawkins
Bill and Suzanne Howell
Rey Marin family

In Memory of Jessie Marie Fears Hill
by ATA

In Memory of Zenia Gunn
by Nancy Scharber

In Memory of Charlotte Hammers
by Melba J. McBride

In Memory of Raymond Hinshaw
by Daniel and Jennifer Webb

In Memory of Mary E. Kelley
by Mary E. Bennett

In Memory of Vanita R. Moss
by Mr. and Mrs. Carroll E. Peters

Deepest sympathy

to the families who have lost loved
ones, including the families of

George Wilford Bailey

Kenneth Eddens

Carolyn Farrar

Dr. Charles Pender



“The world passeth away. . . but he that
doeth the will of God abideth for ever.”
— 1 John 2:17

Honorarium received

In Honor of Janet Torstenson
by Pat Blair and Donna Perkins

Memorials received

In Memory of Dr. Charles Pender
by Mary S. Bradley
Bill and Julie Phillips

In Memory of James Pogue
by ATA

In Memory of G. A. Schwartz
by Mary E. Bennett

In Memory of Ken Smith
by Rachel Pruitt
Phil and Rachel Pruitt

In Memory of Phyllis Sprouse
by Philip A. Copeland
Cindy Houston, Sheri Sells,
Mona Swann and Crystal Judge
Mr. and Mrs. Frank Luttrell

**MCCSN wishes each of our
readers a Blessed Christmas
and a New Year filled with
Hope and Happiness.**

**Thank you for your
dedicated support in 2009.**