

Multi-County Cancer Support Network

Bedford, Coffee, Franklin, Grundy, Lincoln, Marion, Moore, Warren

Volume 16, Number 8

August 2009

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Ray Torstenson - 2011

MCCSN is a registered section 501(c)(3) nonprofit organization.

The newsletter is published monthly. Carla Glosson, Office Manager/Assoc. Ed. Ann Powell, Volunteer Assoc. Editor

E-mail: cancernetwork@cafes.net Subject: monthly newsletter (with any comments or news items)

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Web: www.cafes.net/cancernetwork

Information in the newsletter is not intended to replace medical advice.

Consult your physician before adopting any information mentioned here.

16TH ANNUAL MCCSN

WALK-A-THON

Friday and Saturday September 11 & 12, 2009 6:15 pm

Football stadium on
Dinah Shore Boulevard
Winchester, TN
(former Franklin County High School site)

The Cancer Survivors' Walk begins promptly at 6:30pm.

MCCSN Staff preparing for Walk-A-Thon

Carla, the officers and the board members of MCCSN are busy, busy, busy preparing for the 16th Annual Walk-A-Thon in September.

The staff of MCCSN is looking forward to another exciting event for this year's Walk-A-Thon, and it is each one of you who will make it possible.

Some team entries have already been received and many more are anticipated. Please get your team(s) organized and send or bring your information to the office. Only a little over one month left.

T-shirts for walkers are available now, and those for survivors will be available after August 1.

For your convenience, a form with instructions for requesting memorial and honorary candles is printed on the back page of this newsletter.

Monthly Support Meeting

Thursday, August 6, 7pm

Church of the Nazarene Hwy. 41-A Estill Springs, Tennessee

Speaker: Lila Stubblefield

Lila is a breast cancer survivor. She will also share her recent experience with MRSA (methicillin resistant Staphylococcus aureus).

More about this month's speaker:
A resident of Winchester, Lila is the wife of Steve Stubblefield and has three children: Lana Grant--Nashville, TN., Laura Arnold--Winchester, TN., and David Grant--Myrtle Beach, S.C. She is the cosmetology instructor at Franklin County High School, where she has taught for thirty-six years. Lila became a member of the MCCSN Board of Directors this year.

Please come. Invite your friends and other family members.

Extra special refreshments will be served.

"When we choose not to focus on what's missing from our lives but are grateful for the abundance that's present... we experience heaven on earth." — Sarah Breathnach



Please pray for all on the MCCSN **Prayer List,** for their families and friends (please keep MCCSN updated on status of each one!)

Altamont:

Joanne Childers Patricia Myers Frances Tate

Beechgrove:

Leonard Bennett Glenn Ford Peggy Jacobs Bill Logan Morgan Myers James C. Sherrill

Beersheba:

Hershel & Brenda Perry **Bell Buckle:**

Kathryn Kimmins

Belvidere:

Barbara Burton Logan Groce Levi Howard Annie Dean King Ralph McGee Lvnn Moss

Gloria Simmons Clifton:

Robert Miles

Coalmont:

Amanda Bean

Cookeville:

Stanley Kinslow

Cowan:

Ruthie Morrison Willa Wackerle Katherine Wilson

Dayton

Verenda Skiles

Decherd:

Wiley Baxter James Champion Tim Craig James B. Davis Richard Gipson Ida Hill Nancy Hopkins Bill Kelley Boston Mantooth

Mabel Morris Leslie Kinslow Nard

Charles Neely Zina Mirriam Womack Alden Woodall

Estill Springs:

Joyce Archey Sid Beckham Bob Burt Mary Cathey Polly Culbertson

Kuldip Dhillon Gladys Dutz

J. E. Hill

Mark A. Hill

William Ed Jackson Vern & Jean Kalt Rita Kellev Juanita Little

Brian McDowell Wanda Morris

Elizabeth Peters Vicki Peters

Estill Springs (cont.)

Isabelle Rankin Johnny Ray Lvnn Robinson Wayne Sanders Elaine Weaver

Favetteville: Becky Bankston Jeanette Keith Joyce Lester Rachel Logan Jean Strope William Wright

Flat Creek:

Debbie Fanning

Flintville:

Jean Hall Megan Walker

Gruetli-Laager:

Geraldine Davis Christy Honeycutt

Hillsboro:

Joy Elliott Kathy Webster Leland Whirrell

Huntland:

Linda Baggett Jason Deaton Kenny Eddens David Garner Benny Hill

James Kincherlow Lindsey Knoer Marie Moore

Joe Lynn Smith

Jasper:

Tim Bowlin Allen Cash **Delores Cash** Brenda Johnson Cody Raulston

Kelso:

Janice May

Lynchburg:

Virginia Amacher Molly Johnston

Manchester:

Jeannie Bowling Ina Brock Martha Buckley Hattie Burse Mary Bush Morris Cox David Fiske James Franklin Bonnie Gallaway Judy Garner Sarah Hale Barbara Hall

Gary Hall Mary Ellen Hawthorne Gene & Lois Holmes

Andy Johnson Jess Lewis, Jr. Carolyn Lusk Ruth Mankin

Manchester (cont.):

Tony Morris Nancy Orange Victoria Rigney Connie Sargent **Erskine Sanders** Gerald Adair Sinkfield

Jean Waits Sharon Walker

Frederica Williams

Harlan Williams McMinnville:

Carolyn Ashburn Hunter Bernhardt Donna Deland

Connie Holt Monteagle:

Doris Guyear

Samuel Lee Thomas

Morrison:

Carolyn Swann Murfreesboro:

Mike Holstead

Nashville:

Michelle Bush

Mike Matheny Normandy:

Edna Brazier Robbie Sheffield

Rock Island:

Sandra Grissom

Sewanee:

Erica deGrasse Janet Jacobs George Sargent. Jr. Dolores Snowden Clifford Tomes

Linda Faye Weaver Shelbyville:

Penny Barnes Barbara B. Brown Danielle Crosslin Alice Davis Allen DeCosta Debbie Fanning

Sammie Farris Cara Lee Francis Porter Hardison

Mike Head David Knight Dale Lovvorn Clarice Mallard

Frank Mantanona Louise McAlister

D. Richard McKamey Johnnie McCoy Lori Mitchell

Sue Morphis Marilyn Phillips

Lisa Pigg Lisa Renegar Debbie Rogers

James R. Smith Karen Smotherman Ezralee Swing

Carolyn Thomas Amanda Tomas Loretta Trust

Shelbyville (cont.):

Betty Turner Retha Vogel

Smithville:

Katasha Leggett Barbara Morris

Tracy City:

Reba Cash Glen Church De De Henley Ralph Jones

Gloria McFarland Betty McGovern Alphene Nunley

Sue Parson Dava Scott

Marie Turner **Tullahoma:**

Stan Alexander Barbara Allen Wendy Batson De De Bird-Reed Kate Bratcher

James Huston Brown Kay Choate Billy Glenn Clark

Mary Ruth Clark Bette Davis

Carol Davis Nancy Davis

Woody Dorrell, Jr. Juanita Dunlap

> Dot Elam Margie Evans

Carolyn Farrar Dorothy Ferguson Billy G. Floyd

Judy Gilliam Patricia Hardy

Bethal Harmon Lisa Kay Hayes Mary Hice

Carol Hogan Carol Holt Udevne Hopper

Edna Jackson

LeRoy Jenke Eloise Johnson Eric Johnson

Dawn Kane George Knoer

Viva Mansfield Carolyn Michael Sherra Miller

James W. Moore Ray Morgan

Jayron Morris Alan Pegram

Melinda Peterson George Rutland

Becky Snell Jovce Stafford Amy Thomas

Cheryl Underwood Peggy Underwood Michele Weddington James Yates

Viola:

Mary Alice Gamble

Wartrace:

Nancy Glutch Debbie Hargrove

Whitwell:

Vera Bearden Chris Caldwell Jacob Caldwell

Winchester:

Josh Anderson Rebecca Baker Lucille Barker

Bill Bland Doris Brock

Thomas Brown Pam Burton **Emily Carson**

Charles Thomas Clark

Linda Commons Teresa Darvin

Treica Davis Robert Everett Jackie Finney

Dona Gipson Donald Gipson

Jo Ann Golder Linda Goodman Betty Hill

Connie Hill Raymond Hinshaw

Edward Horton Janet Hudson

Mike Hunt Patty Johnson Brenda Lines

Richard Lockmiller Gloria Maddron

Sunnye Mantooth Martha Moran

Barbara B. Morris Cora Morris

Sherry Peacock

Edith Pate

Wil Price

Kim Ray Delbert Reed

Kyle Reed Donna Sanders

Helga Shockley Mary Steele Sandra Stewart

Roy Tankersley Mitchell Tucker

Woodbury: Jerry Franklin Roberta Hill

Alabama: Lynda Rickles

Florida: Tammy Bess

Vince Lee (Tampa) Georgia:

Angie Rutland Ohio:

Frank Toparis Texas: Mary Pack

Katie Gossett Malinda Pugh

Newsletter Folders!

If you would like to volunteer in this effort, come to the MCCSN office at 110 E. Lauderdale Street in Tullahoma, Tuesday, August 25, 9am, when the September newsletters will be ready for folding and labeling.

"One of the things I keep learning is that the secret of being happy is doing things for other people." — Dick Gregory

Memorial Gifts Received

In Memory of Sara L. Bennett by Clara Garner

In Memory of Cody Crosslin
by Flo Gorentz
Jean Mayes & family
Vern & Jean Kalt
Inez & Phillip McCain
Marion & Barbara Pierce
Sunshine Sunday School Class,
Winchester Cumberland
Presbyterian Church

In Memory of Elmer (Coke) Crowell by Doris Smith

In Memory of Bessie Haynes Hudson by Charles & Frances Haynes White and Frank Haynes & family

In Memory of Muriel Ketchum by June & Brooks, Elaine, Lynn & Jack, Norma & Hank, Tracy & Gary, Kenneth & Rita, Gary & Vicki, Beverly & Jimmy, Chris, Melany, Kayla

In Memory of Ed Murray by Jean B. Haigh

In Memory of George Sargent, Jr. by James & Judy Barry Jerry & Brenda Tate Vic & Donelle Dearen

In Memory of Hubert Sherrill by Helen Rose & Mildred Sherrill

Do you have your armband for the Randy Owen Concert?

Redneck Row a success

Redneck Row, providing the 25 'best in the house' rocking chair reserved seats for the Randy Owen concert, proved to be a popular feature. This special event, also starring Trey Hensley and Steve Wariner, is scheduled on Saturday, August 22, 6:30pm, during the Franklin County Fair in Winchester.

All Day, VIP, and Senior Citizens armbands are still available by calling 1-877-834-4376. The MCCSN office can provide All Day & VIP armbands.

Thank you, Unsung Heroes Benefit Foundation, for remembering MCCSN and the people it serves through this benefit performance.

"Those who bring sunlight to the lives of others cannot keep it from themselves." — Sir James M. Barrie, British writer

Deepest Sympathy

to the families who have lost loved ones, including the families of both Cody Crosslin and Regina Peacock

"We shall find peace. We shall hear the angels. We shall see the sky sparkling with diamonds."

Anton Chekhov

Reminders:

Cancer Survivor's Hope Forum Heritage Medical Center, Shelbyville Thursday, August 20, 7-8pm Contact: Pat Peller at 931-684-3359

Camp Bluebird is taking applications for their fall session. Contact Irene Bradford at 615-222-2074.

Donations

FCE Club of Estill Springs

Garner Mason Memorial Golf Tournament in Keith Mason's memory

Goodrich Corporation

Thank You
from MCCSN
on behalf of all those to benefit
from your
caring and thoughtful giving

"I have found that among its other benefits, giving liberates the soul of the giver." — Maya Angelou

Notes of Appreciation

Thank you so very much for the beautiful plant for Cody. Words can not express how very much we appreciate all your support, prayers and financial help during Cody's illness and treatments. He fought a very courageous battle and always kept a smile on his face. It means so much to have a wonderful organization here to depend on.

Kathy and Harold Crosslin

Thank you for the beautiful plant that you sent to our mother's service, also, thank you for helping with the mileage expense for mama's treatments.

We greatly appreciate all that you do for so many. May God bless you as you have blessed our mother.

In Christ's Love,

Dora Barnes, Debbie Bailey, Dan Tucker, Billy Tucker, Rita Jobe and Sammy Tucker MCCSN PO Box 225 Winchester, TN 37398

RETURN SERVICE REQUESTED

Nonprofit Org. US Postage Paid Tullahoma, TN Permit No. 59

	MAIL TO:
Cut-off and Return	
	CANDLE LIGHTING CEREMONY
	8:45 PM – September 11
To request a candle for a \$10.00 donation in honor or memory of someone, return to Multi-County Cancer Support Network, P. O. Box 225, Winchester, TN 37398	
In Honor or Memory of:	
Given by:	
Orven by.	
Contact number:	
Please Print – One name per lu Submit by September 5 to app	uminary. To request more than one candle attach separate sheet with names. ear in program.
If you do not wish to request a candle, any and all donations are appreciated.	